# PRAYER LIST

DANNY ANTHONY, Edna Toole's cousin - cancer CHERYL BARRON, Stan Raley's sister BECKY BROWN, Sherri Clopton's mom LINDA BULLOCK, medical issues/tests; Covid DWIGHT CALLENS

LINDA COLLIE, knee surgery recovery at home ALAN DES ORMEAUX, Vinson friend; cancer CHARLES DOOLEY, hip surgery recovery TAMMIE DUNN, Linda Bullock's daughter ALANA FAIR

JAMES GORDON, Bridget Smith's dad ANTORIAS GROVES, Ethel Clark's son-in-law, EVELYN GUY, health issues

BUD HARPER, Cindy's bro-in-law, health issues TERRY HARPER, Cindy's husband health issues THERMAN HODGE

BILLY JOHN. health issues

JORDAN KEMBLE, Warren friend; brain tumor LAMAR KING

WALTER KING, Lamar's dad JACK MEARS

CHARLENE RALEY, Stan's mom – health issues STAN RALEY, surgery recovery 9/22 GRADY RICHARDSON, Angela Duncan's dad

GRADY RICHARDSON, Angela Duncan's dad AL ST. CLAIR

THELMA TALBERT, Shirley Raley's mom RUTH TAYLOR, Brookdale/Meridian ANNIE THOMAS, Edna Toole's mother, health TERRY TRIBBLE, Renée Cumberland's friend DICK VINSON, Bladder Cancer; surgery 6/17 SAMANTHA WARD, Caleb Warren's fiancée, medical issues

ANNIE WEBB, Cindy Harper's g-grand-daughter MAX WEBB, Cindy's grandson, deployed MEMBERS of our ARMED SERVICES OUR GOVERNMENT – NATIONAL & STATE CHURCH MISSION WORK WORLDWIDE

# ANNIVERSARY & BIRTHDAY

October 17: Rachel Wilkerson October 22: Rob & Doris Warren

4<sup>th</sup> Sunday Fellowship Pot Luck

OCTOBER 24TH

Be sure to invite friends!!

### THE CHRISTIAN GRACES † part 7

*(continued from cover)* 

#### **DEMONSTRATING DISCIPLESHIP**

- A. Speaking kindly one to another (Eph. 4:31; Col. 4:6)
- B. Returning good for evil (1 Peter 3:8,9)
- C. Respecting the conscience of others (Rom. 14:13,21; 1 Cor. 8:9,13)
- D. Preferring one another (Rom. 12:10; Phil. 2:3,4)
- E. Assisting one another when in need (Rom. 12:13; Gal. 6:2)
- F. Sharing one another's grief (Rom. 12:15; 1 Cor. 12:24-26)
- G. Restoring the erring (Gal. 6:1; James 5:19,20)
- H. Following the "golden rule" (Matt. 7:12)

**CONCLUSION:** Do you have this fraternal affection for brethren? Do you demonstrate it in these and similar acts? (See Matt. 25:31-46)

~ForestHillsChurchOfChrist.com~

## SEVEN WAYS TO BE HAPPY

#### John Gurtler

Often people make their own lives miserable and other people help them to find misery.

Abraham Lincoln once said, "Most folks are about as happy as they make up their minds to be."

RECOMMENDATIONS FOR HAPPINESS:

**Trust in God:** The person who puts faith in God has a source of strength and delight that a non-believer cannot understand (see Proverbs 3:5; 16:20). If we fuss and stew about everything, it shows a lack of trust. Jesus told Martha that she was "troubled about many things." Relish the Scriptures: See Psalm 1:1-2. Psalm 119:104 says, "How sweet are they words unto my taste! Yea, sweeter than honey to my mouth." The Scriptures always shoot straight. Tax laws change, the weather changes, politics are ever changing, but God's Word never changes. (See 2 Timothy 3:16-17.) The sacred pages give hope, comfort, and gladness to the lovers of the truth.

**Live Righteously:** "Many sorrows shall be to the wicked, but he that trusteth in the Lord, mercy shall compass him about, be glad in the Lord and rejoice, ye righteous: and shout for joy, all ye that are upright in heart..." (Psa. 32:10-11). Titus 2:12 shows that clean living con-tributes to deep-rooted joy and contentment. People may mock you and deride you, but you possess something they do not have.

Worship God with Regularity: In Acts 20:6-7, the brethren traveled so they could worship with other Christians. In Acts 2, it describes the disciples as having all things in common among them: "great joy" and "praising God." David said, "I was glad when they said to me, let us go into the house of the Lord..." (Psa. 122:1). (See also Psalm 95:1; 96:9-11.) Worship is for the glory of God and the happiness of man.

**Keep a Clean Conscience:** (Acts 24:16; I Timothy 1:19; 2 Timothy 1:3) There can be no happiness when one violates his conscience. See Genesis 42:21: Joseph's brothers' consciences made them miserable.

**Learn Contentment:** The grass is not always greener on the other side. Some people continually fret and complain about the cost of living, their job, wife, husband, weather, politics, etc. Christians grumble. Philippians 4:11 states that a contented person is a happy individual. Without contentment, joy is only superficial.

**Stay Busy and Constructive:** Idleness breeds displeasure, restlessness, despondency, mischief. Happiness comes to him who works persistently, consistently, and diligently. See Romans 12:11. Effort expended and accomplishment materialized brings inward fulfillment. Beneficial work keeps the mind from thoughts that are negative and destructive. First Corinthians 15: 58 says, "...abounding in the work of the Lord."

How did Paul find joy? Paul found joy in seeing and hearing about other Christians doing good. Read Philippians chapters 1-3 and count the times you read the word "rejoice" or "joy."

"Happy is he that hath the God of Jacob for his help, whose hope is in the LORP his God:" (Psalm 146:5).

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