PRAYER LIST

DANNY ANTHONY, Edna Toole's cousin - cancer CHERYL BARRON, Stan Raley's sister JUNE FRANKS BOOKER, passing Fri. 9/17/21 BECKY BROWN, Sherri Clopton's mom LINDA BULLOCK, medical issues/tests; Covid LINDA COLLIE, knee surgery recovery ALAN DES ORMEAUX, Vinson friend; cancer CHARLES DOOLEY, hip surgery recovery ROBERT DUNCAN family, Andy's brother TAMMIE DUNN, Linda Bullock's daughter ALANA FAIR

JAMES GORDON, Bridget Smith's dad ANTORIAS GROVES, Ethel Clark's son-in-law, EVELYN GUY, health issues BUD HARPER, Cindy's bro-in-law, health issues TERRY HARPER, Cindy's husband health issues THERMAN HODGE JACK HUNTLEY, Callens friend BILLY JOHN, health issues

JORDAN KEMBLE, Warren friend; brain tumor LAMAR KING WALTER KING, Lamar's dad JACK MEARS CHARLENE RALEY, Stan's mom – health issues STAN RALEY GRADY RICHARDSON, Angela Duncan's dad AL ST. CLAIR THELMA TALBERT, Shirley Raley's mom RUTH TAYLOR, Brookdale/Meridian ANNIE THOMAS, Edna Toole's mother, health TERRY TRIBBLE, Renée Cumberland's friend PERRY TUBBY, Brandie Madison's dad DICK VINSON, Bladder Cancer; surgery 6/17

DICK VINSON, Bladder Cancer; surgery 6/17 ANNIE WEBB, Cindy Harper's g-grand-daughter MAX WEBB, Cindy's grandson, deployed MEMBERS of our ARMED SERVICES OUR GOVERNMENT – NATIONAL & STATE CHURCH MISSION WORK WORLDWIDE

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ANNIVERSARY & BIRTHDAY

September 19 to 25 : NONE

Pine Vale Children's Home Fall Food Collection Week of October 4th

Pine Vale Children's **H**ome Fall Pantry Drive is beginning and our list of items to gather will be posted on the foyer bulletin board. Thanks in advance for your continued generosity in helping the Home and their children. This year's items requested are:

> Muffin Mixes (Blueberry, Chocolate Chip, etc.) Honey Mustard Parchment Paper ~or~ Saran Wrap

Please have your items here by Sunday October 3rd

~see bulletin board for more info~

THE CHRISTIAN GRACES * part 4

"ADD ...TO KNOWLEDGE TEMPERANCE"

~continued from cover~

- B. Victory is in Jesus, and in Him alone
 - 1. We will never master our desires without surrendering to Jesus by doing what the Holy Spirit reveals (Romans 7:25; 8:1-4).
 - 2. Christ lives in me if, and only if, I am living "by faith of the Son of God" (Galatians 2:20; cf. Jude 3).
 - 3. One must be baptized into Christ, in order to live in Him (Romans 6:3-6, 12-19).

MANIFESTATIONS OF TEMPERANCE

- A. Are we keeping our emotions and drives in check? (Ephesians 4:26; James 1:19,20; Matthew 5:27,28)
- B. Do we put God first in our lives, even before family and friends (Matthew 10:28, 32-39)
- C. Are we keeping even legitimate drug use to a minimum? (1 Timothy 5:23)
- D. Do we love people and use money or vice versa? (1 Timothy 6:10, 17-19)
- E. Are we replacing harmful habits with productive ones? (1 Corinthians 6:12, 16:15).
- F. Are we careful to fulfill our desires within the parameters of God's will? (1 John 2:15-17; Hebrews 13:4; 1 Peter 2:2).
- G. Do we bridle our tongues (James 1:26)? How well we do this is the "acid test" of selfcontrol, because "if any man offend not in work, the same is a perfect an, and able also to bridle the whole body" (James 3:2). [An "acid test" is a thorough test to find out the real quality of some person or thing.]

Conclusion: You cannot hope to "glorify God in your body" (1 Corinthians 6:19,20) without exercising self-control. Who or what controls you? *~ForestHillsChurchOfChrist.com~*

Pounding Party Honoring Andy L Angela Duncan September 26, 2021

in conjunction with next week's 4th Sunday Fellowship

"Giving a pounding is an old-fashioned way to help someone by stocking their pantry with non-perishables foods or cleaning supplies. Usually a pounding is given to a bride and groom or family who just built a new home. The pounding can be mentioned on the invitation for the bridal shower or housewarming party."

HOUSE WARMING STOCKING SUGGESTIONS: Sunflower Self-Rising Flour & Corn Meal; Seasonings: Salt: Regular; Sea Salt & Pink (Grinder & ground); Black Pepper (Grinder); Garlic Powder; Onion Powder; Chili Powder; Cumin; Parsley Flakes; Beef Bouillon Cubes; Ranch Dressing Mix; Au Jus Gravy Mix; Brown Gravy Mix; Extra Virgin Olive Oil; Canola Oil (liquid & spray); Mustard; Ketchup; Miracle Whip; A-1; Sweet Baby Ray's BBQ Sauce; White Rice; Pastas: Angel Hair Plain & Cork Screw Plain; Canned: Diced & Crushed Tomatoes; Tomato Paste (Hunts); Cereals: Honey Bunches of Oats with Almonds; Apple Jacks; Tin Foil & Saran Wrap; Paper Towels; Kitchen Trash Bags 13-gallon.

Living Room Colors: Gray & Brown Bath Colors: Gray, Beige, & Sea Foam Green mix