PRAYER LIST

LILLIE ALFORD, Ethel Clark's sis-in-law LINDA BULLOCK, medical issues/tests CHERYL BARRON, Stan Raley's sister TRAVIS CREASY. Duncan friend **ALLEN DES ORMEAUX**, Vincent friend; cancer CHRIS EMOND, Madison family friend; cancer **ALANA FAIR** JUNE FRANKS, passing of husband Al 718 Glendale DR. Kosciusko MS 39090 JAMES GORDON, Bridget Smith's dad THERMAN HODGE; health issues JACK HUNTLEY, Callens friend **BILLY JOHN**, recent health issues **BETTY JOHNSON**, home with home health JORDAN KEMBLE, Warren friend; brain tumor WALTER KING, Lamar's dad **ACK MEARS GENE & CHARLENE RALEY**, Stan's parents **STAN RALEY GRADY & HELEN RICHARDSON**, Angela Duncan's parents: health issues AL ST. CLAIR THELMA TALBERT, Shirley Raley's mom **RUTH TAYLOR**, nursing facility resident Room 102 at Brookdale/Meridian 4555 35th AVE, Meridian, MS 39305 BARBARA TERRAL, Jennifer Guy's mom **BRENDA THOMAS** MIKE & JIMMIE TIMBES, Duncan friends; health PERRY TUBBY, Brandie Madison's dad ROB WARREN SISTERS, Laura Hughes (Lyme Disease); & Michelle (compressed vertebrae) ED WALTERS. husband of close friend of Cindy Harper; liver cancer ANNIE WEBB, Cindy Harper's great-granddaughter; home from hospital **VELMA "DUCK" YATES**

MEMBERS of our ARMED SERVICESCHURCH

MISSION WORK WORLDWIDE

ANNIVERSARY & BIRTHDAY

February 6: Lloyd & Bridget Smith

February 7: Jada Smith

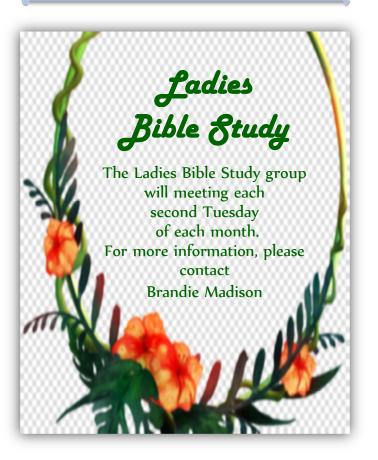
February 8: Al & Kathy St. Clair

Men's Weekly Breakfast

will meet this Friday for breakfast at

iHop

To confirm location or for more info, contact Tom Fair or Stan Raley

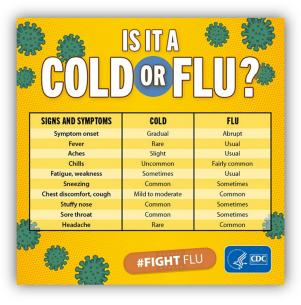


Reason Not Excuse

As Christians we want to attend services regularly. You can probably quote Hebrews 10:23-25 "Let us hold fast the confession of our hope without wavering, for He who promised is faithful. And let us consider one another in order to stir up love and good works, not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching." So the question arises ... "Should I stay home when I am sick and contagious?" The following is for consideration. If you attend "contagious" (coughing, sneezing, runny nose with fever) with pneumonia, flu or a cold, you may not get worse by attending. But what about others? By your attending sick will you infect

others who may not be able to attend as a result and may be more effected than yourself. Some people don't need a reason to miss services. But contagious sick is a REASON to stay home. Every year "Flu Season" rolls around. There's the occasional cold and pneumonia possibility. Other viruses are lingering around too. The following is copied from the internet.

While the impact of flu varies, it places a substantial burden on the health of people in the United States each year. CDC estimates that influenza has resulted in between 9.3 million – 49.0 million illnesses, between 140,000 – 960,000 hospitalizations and between 12,000 – 79,000 deaths annually since 2010. The flu is contagious—that means



it spreads from person to person, often through the air. You can catch the flu when someone near you coughs or sneezes. Or, if you touch something the virus is on, like a phone or doorknob, and then touch your nose or mouth, you could catch the flu. You can contract the flu more than once a year, because there are many different strains of the influenza virus. It is possible that you could get infected with one strain and then another during a given season, especially if you have a compromised immune system.

Each year in the United States, about 1 million people have to seek care in a hospital due to pneumonia. Unfortunately, about 50,000 people die from the disease each year in the United States. Most of the people affected by pneumonia in the United States are adults. Pneumonia is a lung infection caused by bacteria, viruses, or fungi. Some of these germs do spread from person to person, so you may be contagious if you have certain types of pneumonia.

Flu and the common cold are both respiratory illnesses but they are caused by different viruses. Because these two types of illnesses have similar symptoms, it can be difficult to tell the difference between them based on symptoms alone.

~Concerned Member~