

Privileged to Serve

Preacher.....Bill Collins
 Announcements.....Bruce Clopton
 Song Leader.....Tom Fair
 Attendance.....Terry Dyer/Jacob King

Morning

Scripture/Opening Prayer.....Al St. Clair
 Lord's Supper

Presiding

* Lamar King

Assisting

Byron Madison * Ralph Hubbard

Gene Hurst * Jared Agan

Closing Prayer.....Mike Cumberland

Evening

Opening Prayer.....Dwight Callens

Lord's Supper

Byron Madison * Ralph Hubbard

Closing Prayer.....Rob Warren

Communion Preparation

Month of April.....Angela Duncan

Month of May.....Kitty Dooley

Nursery Attendant; Backup

April 8.....Katie Agan; Angela Duncan

April 15.....Angela Duncan; Lara King

Wednesday Evening - April 11, 2018

Prayer/Announcements.....Randy Rives

Song Leader.....Paul Guy

Devotional.....Rob Warren

Service Times

SUNDAY

Bible Study.....9:00 a.m.

Morning Worship.....10:00 a.m.

Evening Worship.....5:00 p.m.

WEDNESDAY

Bible Study.....6:00 p.m.

Elders

ANDY DUNCAN.....(662) 416-2222

TOM FAIR.....(601) 681-8293

Deacons

LAMAR KING.....(601) 604-2656

BUILDING/GROUNDS

BYRON MADISON.....(601) 227-1374

YOUTH

RANDY RIVES.....(601) 513-4785

EDUCATION & WORSHIP

ALBERT ST. CLAIR.....(601) 626-7815

Preacher

BILL COLLINS.....(337) 515-2385

Works Supported

Robert Martin

Stacey Ferguson

South Pacific Missions

Pine Vale Children's Home

Corinth, Mississippi

Attendance Last Week

Sunday Bible Class 24

Sunday Morning Worship 78

Sunday Evening Worship 20

Wednesday Bible Study 29

Contributions & Other Income

Contribution Last Week \$ 2,337.00

Pine Vale Special 5th Sunday \$

Daily Bible Readers

April 1, 2018 * = *% of attending

*Figures Unavailable



April 8, 2018

Meridian Messenger

Welcome Visitors!

Muscle Memory

I recently moved the garage remote from the visor to somewhere else in the car. Even after a week, I still catch myself reaching for the visor as I approach or leave the garage.

You have probably experienced this feeling: You put something that you use regularly in a different place and then go to use it again and you find yourself reaching for the object at the place where it previously rested. This often happens when someone buys a new car, computer, phone, etc.

The phenomenon is called muscle memory. When something is done over and over again, the mind does not have to work so hard and the task is done almost without thinking about it. Exercise instructors know the value of muscle memory because they teach proper technique in order for the student to receive maximum benefits from the exercises.

God, the great designer, has not only put the physical capability of muscle memory within us, but he has also given us the ability to have spiritual muscle memory. When we become Christians, certain actions and attitudes must be changed. We will find ourselves needing to change attitudes and actions that were part of our lives before baptism.

The writings of Paul reflect the fact that old habits are to be replaced in the life of a Christian. In his letter to the Ephesians, Paul points out that Christians are to "put off your old self" (Ephesians 4: 22) and "put on the new self" (4:24). He makes it abundantly clear that there was a manner of life that was characterized by certain deeds that were part of a person's past life that must be abandoned. He also makes it clear that there are deeds that must be added to a person's life as a part of the change. Paul's letter to the Colossians also reflects the expected change from the old to the new, and the rebuilding of "muscle memory". To them (and us), he writes, "Put to death, therefore, was in earthly in you...But now you put them all away...seeing that you put off the old self ... And have put on the new self ..." Colossians 3:5, 8, 10).

Someone has said, "Old habits die hard," and they do. Muscle memory must be reprogrammed. We can do it with the Lord's help.

Lance Cordle preaches for the Calvert City Church of Christ in Calvert City, KY.

He may be reached at office@calvertchurchofchrist.com