	1
Privileged to Serve PreacherBill Collins	ANDY DI
Announcements Terry Dyer Song Leader Tom Fair	TOM FAI
Attendance Terry Dyer/Jacob King Morning	LAMAR K
Scripture/Opening Prayer Lamar King Lord's Supper	BUIL Byron M
Presiding * Dwight Callens	YOU" Randy R
Assisting Charles Dooley * * Tim Beech	EDUC Albert
Tommy Beech * * Dick Vinson Closing PrayerRob Warren	BILL COI
Closing PrayerRob warren Evening	
Opening PrayerRandy Rives Lord's Supper	
Charles Dooley * * Tim Beech Closing PrayerAndy Duncan	р Р
Communion Preparation Month of September Brandie Madison Month of October Cindy Harper	
Nursery Attendant; Backup	ð
September 10 Lara King; Katie Agan	Sunday
September 17 Katie Agan; Angela Duncan	Sunday Sunday
Service Times	Wednes Cor
SUNDAY Bible Study	Contribu Pine Val
Morning Worship 10:00 a.m. Evening Worship5:00 p.m.	
WEDNESDAY Bible Study6:00 p.m.	Septemb

Elders	
ANDY DUNCAN	
TOM FAIR	
Deacons	
LAMAR KING	
Byron Madison	
RANDY RIVES	
ALBERT ST. CLAIR(601) 626-7815	
Preacher	
Bill Collins	
Works Supported	
Robert Martin	
Stacey Ferguson	
South Pacific Missions	
Pine Vale Children's Home Corinth, Mississippi	
Corntan, wussissippi	
β	
Attendance Last Week	
Sunday Bible Class18Sunday Morning Worship69	
Sunday Morning Worship69Sunday Evening Worship16	
Wednesday Bible Study	
Contributions & Other Income	
Contribution Last Week \$ 2,191.09	
Pine Vale Special 5 th Sunday \$	
Daily Bible Readers	
September 3, 2017 * = *% of attending *Figures Unavailable	

A weekly publication of the *Meridian church of Christ* 2229 Highway 19 North ~ PO Box 3476 ~ Meridian, MS 39303-3476 ~ **Phone: (601) 482-5318** www.meridianchurchofchrist.org ~ Email: churchofchristme@bellsouth.net



September 10, 2017 September 10,

How Can We Improve Our Self-Esteem?

Self-esteem is a vital component in Christians growing in the grace and knowledge of Jesus Christ (2 Pet. 3:18). Here are some things to remember that can help us improve our self-esteem.

REMEMBER THAT WE ARE CREATED IN GOD'S IMAGE (Genesis 1:26). God has given us humans something that nothing else of His creation has – spiritual qualities, mental and moral attributes, and self-consciousness. Because of this, we should always remember that we are of great worth to God. We should be like the lad who proclaimed of himself, "God don't make no junk!"

REMEMBER THAT NOTHING CAN CAUSE GOD TO LOSE HIS LOVE FOR US (ROMANS 8:38-39). God loves each one of us as if there were only one of us. As someone once noted, "If God had a refrigerator, our picture would be on it." Let us constantly be reminded that God loves each of us immensely and considers us special.

REMEMBER THAT ALL PAST SIN IS FORGIVEN THROUGH JESUS (REVELATION 1:5). If we have been baptized and are walking in the light (Rom. 6:3-6; 1 John 1:7), all past sins are no more in God's eyes. Nothing can happen in our lives that would cause God to say, "I don't want to forgive them." God always considers us salvageable.

REMEMBER THE IMPORTANCE OF PROPER THINKING (PHILIPPIANS 4:8; PROVERBS 23:7). It is true – we become what we think about. If we think we are worthless, we will find worthless things to fill our lives with. But the opposite is true, as well. There truly is power in positive thinking! Optimism is the route to proper mental health.

REMEMBER THE IMPORTANCE OF ASSOCIATING WITH THOSE WHO LIFT YOU UP (1 THESSALONIANS 5:11). Fellow Christians who are concerned for us will encourage, uplift, and support us. Spend much time with them and feed off of their joy and zeal. Enthusiasm is infectious.

REMEMBER THAT WITH CHRIST, YOU CAN DO ANYTHING (PHILIPPIANS 4:13). Jesus is the One who can give us the opportunity and power to succeed. Trust fully in Him and His will for your life. Faithfully follow Him.

There is no doubt that poor self-esteem is a major hindrance to spiritual growth. On the other hand, a proper self-esteem promotes spiritual growth. And the neat thing about this is that spiritual growth then enhances greater self-esteem (which paves the way to even more spiritual growth).

Edd Sterchi + Campbellsville, KY + <u>BulletinDigest.com</u>, August, 2017